

Big Bend Regional Hospital District
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PRESS RELEASE

For Immediate Release

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Contact information:

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Alpine, TX -- Alpine Independent School District and Big Bend Regional Hospital District will be hosting a free community health fair on Monday, January 17th from 10:00 AM - 3:00 PM at the Alpine Civic Center. Local service providers from across the region will have booths and activities to educate the public on local resources and services.

Children's activities will be hosted by Alpine Public Library and will be handing out free toothbrushes and books. Health Fair attendees and participants will have a chance to win great door prizes from event sponsors.

Information sessions and interactive activities will include:

10:30 AM – **Attorney Shane Green Conner:** Wills, Medical Directives, and Medical Powers of Attorney

11:30 PM – **Sun City Dieticians:** "Let's Get Cooking" a demonstration on healthy cooking

12:30 PM – **PermiaCare:** Mental Health Awareness

Covid and flu vaccinations will be available throughout the day from Highland Drug. The Brewster County Sheriff Department will be on hand to safely collect and dispose of expired or unneeded prescription medications. Big Bend Regional Health Clinic will be providing free health screenings and glucose and blood pressure checks.

Many thanks to the local sponsors to make this event possible including: McDonalds, Sonic, WTG Fuels, Ellyson Abstract, Texas Ranch House Too, Out West, The Hair Company, Scoops Creamery, Highland Drug, Porter's, Big Bend Concrete, 06 Cowboys, Ole' Crystal Bar, La Casita, Santana's, TransPecos Banks, and Morrison True Value.

For mor information, please visit www.bbrhd.com.

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